

Centennial Celebration

100 YEARS

PARTICIPACTION

Team East Ferris



JUNE 1ST - 30TH

East Ferris
NEEDS YOU!



GET ACTIVE, EAST FERRIS!

Register in ParticipACTION's Community Better Challenge.

CHALLENGE YOUR NEIGHBOURS, YOUR FRIENDS, YOUR COWORKERS AND YOUR FAMILY!

Enter your physical activity minutes on the ParticipACTION app downloaded from the Apple Store or Google Play Store.

Canada's Most Active Community will be awarded \$100,000 to support local physical activity initiatives!

- ▼ Track physical activity minutes for yourself and/or your family on the ParticipACTION website **starting June 1.**
- ▼ For any questions regarding the program, email jenna.cowden@eastferris.ca or call 705-752-3566.



GO EAST FERRIS GO!

FOR MORE INFORMATION:

[HTTPS://EASTFERRIS.CA](https://eastferris.ca) OR WWW.FACEBOOK.COM/EASTFERRIS